

INTERNATIONAL CLINICAL FELLOWSHIP TRAINING IN

# PAEDIATRICS HAEMATOLOGY



This curriculum of training in Paediatric Haematology was developed in 2015 and undergoes an annual review by Dr Corrina McMahon, National Specialty Directors, Dr. Ann O'Shaughnessy, Head of Education and Professional Development and by the Paediatric Haematology Training Committee. The curriculum is approved by the Faculty of Paediatrics.

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# Introduction

The International Clinical Fellowship Programme (ICFP) provides a route for overseas doctors wishing to undergo structured and advanced postgraduate medical training in Ireland. The ICFP enables suitably qualified overseas postgraduate medical trainees to undertake a fixed period of active training in clinical services in Ireland. The programme is normally offered over one or two years of clinical training, after which the overseas doctors will be required to return to their country of origin. In limited certain circumstances, the period of training may extend to three years.

The purpose of the ICFP is to enable overseas trainees to gain access to structured training and in active clinical environments that they cannot get in their own country, with a view to enhancing and improving the individual's medical training and learning and, in the medium to long term, the health services in their own countries.

This Programme will allow participants to access a structured period of training and experience as developed by the Royal College of Physicians of Ireland to specifically meet the clinical needs of participants as defined by their home country's health service.

#### Aims

Upon satisfactory completion of the ICFP, the doctor will be **<u>competent</u>** to undertake comprehensive medical practice in their chosen specialty in a **<u>professional</u>** manner, in keeping with the needs of the healthcare system.

Competencies, at a level consistent with practice in the specialty, will include the following:

- Patient care that is appropriate, effective and compassionate dealing with health problems and health promotion.
- Medical knowledge in the basic biomedical, behavioural and clinical sciences, medical ethics and medical jurisprudence and application of such knowledge in patient care.
- Interpersonal and communication skills that ensure effective information exchange with individual patients and their families and teamwork with other health professionals, the scientific community and the public.
- Appraisal and utilisation of new scientific knowledge to update and continuously improve clinical practice.
- Capability to be a scholar, contributing to development and research in the field of the chosen specialty.
- Professionalism.
- Ability to understand health care and identify and carry out system-based improvement of care.

#### **Professionalism**

Medical professionalism is a core element of being a good doctor. Good medical practice is based on a relationship of trust between profession and society, in which doctors are expected to meet the highest standards of professional practice and behaviour. It involves partnership between patient and doctor that is based on mutual respect, confidentiality, honesty, responsibility and accountability. In addition to maintaining clinical competence, a doctor should also:

- Show integrity, compassion and concern for others in day-to-day practice
- Develop and maintain a sensitive and understanding attitude with patients
- Exercise good judgement and communicate sound clinical advice to patients
- Search for the best evidence to guide professional practice
- Be committed to continuous improvement and excellence in the provision of health care whether working alone or as part of a team

Prior to commencing their sponsored clinical placements, all participants will also be required to undergo the mandatory screening requirements of the relevant clinical site/service including occupational health assessment and Garda/Police clearance.

# **Training Programme Duration & Organisation of Training**

The period of clinical training that will be provided under the International Clinical Fellowship Programme (ICFP) is normally 12-24 months, after which the overseas doctors will be required to return to their country of origin. In certain circumstances, the period of training may extend to three years.

- Each ICFP is developed by the Royal College of Physicians of Ireland will be specifically
  designed so as to meet the training needs of participants to support the health service in their
  home country.
- All appointees to the ICFP will be assessed by the Royal College of Physicians of Ireland to
  ensure that they possess the necessary requirements from a training and clinical service
  perspective.
- Each overseas doctor participating in the ICFP will be enrolled with the Royal College of Physicians of Ireland and will be under the supervision of a consultant doctor who is registered on the Specialist Division of the Register of Medical Practitioners maintained by the Medical Council and who is an approved consultant trainer.
- Appointees to the ICFP will normally be registered on the Supervised Division of the Register
  of Medical Practitioners maintained by the Medical Council in Ireland.
- Appointees will agree a training plan with their trainers at the beginning of each training year.
- For the duration of their International Medical Graduate (IMG) programme and associated clinical placements, all participants will remain directly employed and directly paid by their sponsoring state at a rate appropriate to their training level in Ireland and benchmarked against the salary scales applicable to NCHD's in Ireland;
- Successful completion of an ICFP will result in the participant being issued with a formal Certificate of completion for the Fellowship Programme by the Royal College of Physicians of Ireland. This Certificate will enable the participant's parent training body in their sponsoring home country to formally recognise and accredit their time spent training in Ireland.

The training programme offered will provide opportunities to fulfil all the requirements of the curriculum of training. There will be posts in both general hospitals and teaching hospitals. Each post within the programme will have a named trainer/educational supervisor and programmes will be under the direction of the National Specialist Director fo the relevant medical speciality to be confirmed by the College. Programmes will be as flexible as possible consistent with curricular requirements, for example to allow the trainee to develop their sub-specialty interest.

#### ePorfolio logbook

Each trainee is responsible for maintaining an up-to-date record of progress through training and compiling a portfolio of achievements for presentation at each annual assessment review. The trainee also has a duty to maximise opportunities to learn, supplementing the training offered with additional self-directed learning in order to fulfil all the educational goals of the curriculum. Up-to-date training records and an ePortfolio of achievements will be maintained by the trainee throughout. The training records will be countersigned as appropriate by the trainers to confirm the satisfactory fulfilment of the required training experience and the acquisition of the competencies set out in the training plan. They will remain the property of the trainee and must be produced at their annual assessment review.

Trainees must co-operate with the College in completing their training plan.

It is in a trainee's own interest to maintain contact with the Royal College of Physicians of Ireland, and to respond promptly to all correspondence relating to training. At review, your ePorfolio will be examined.

#### Review

A consultant trainer/educational supervisor will be identified for each participant in the programme. He/she will be responsible for ensuring that the educational potential of the post is translated into effective training which is being fully utilized. Only departments approved for Training by the Royal College of Physicians of Ireland and its constituent training bodies will be used.

The training objectives to be secured should be agreed between each trainee and trainer at the commencement of each posting in the form of a written training plan. The trainer will be available throughout, as necessary, to supervise the training process. In each year trainees undergo a formal review by an appropriate panel. The panel will review in detail the training record, will explore with the trainee the range of experience and depth of understanding which has been achieved and consider individual trainer's reports. An opportunity is also given to the trainee to comment on the training being provided; identifying in confidence any deficiencies in relation to a particular post. A quarterly and annual review of progress through training will be undertaken on behalf of the International Clinical Fellowship Programme (ICFP). These will include assessments and reports by educational supervisors, confirmation of achievements and the contents of the ePortfolio will be reviewed. At some or all of these annual reviews a non-specialty assessor will be present capable of addressing core competencies.

The award of a Certificate of completion will be determined by a satisfactory outcome after completion of the entire series of assessments.

# **Generic Components**

This chapter covers the generic components which are relevant to trainees of all specialties but with varying degrees of relevance and appropriateness, depending on the specialty. As such, this chapter needs to be viewed as an appropriate guide of the level of knowledge and skills required from all trainees with differing application levels in practice.

#### Standards of Care

Objective: To be able to consistently and effectively assess and treat patients' problems

**Medical Council Domains of Good Professional Practice:** Patient Safety and Quality of Patient Care; Relating to Patients; Communication and Interpersonal Skills; Collaboration and Teamwork: Management (including Self-Management); Clinical Skills.

#### **KNOWLEDGE**

# **Diagnosing Patients**

- How to carry out appropriate history taking
- How to appropriately examine a patient
- How to make a differential diagnosis

# Investigation, indications, risks, cost-effectiveness

- The pathophysiological basis of the investigation
- Knowledge of the procedure for the commonly used investigations, common or/and serious risks
- Understanding of the sensitivity and specificity of results, artefacts, PPV and NPV
- Understanding significance, interpreting and explaining results of investigations
- Logical approach in choosing, sequencing and prioritising investigations

# Treatment and management of disease

- Natural history of diseases
- Quality of life concepts
- How to accurately assess patient's needs, prescribe, arrange treatment, recognise and deal with reactions / side effects
- How to set realistic therapeutic goals, to utilise rehabilitation services, and use palliative care approach appropriately
- Recognising that illness (especially chronic and/or incapacity) has an impact on relationships and family, having financial as well as social effects e.g. driving

# Disease prevention and health education

- screening for disease, (methods, advantages and limitations),
- health promotion and support agencies; means of providing sources of information for patients
- Risk factors, preventive measures, strategies applicable to smoking, alcohol, drug abuse, lifestyle changes
- Disease notification; methods of collection and sources of data

# Notes, records, correspondence

- Functions of medical records, their value as an accurate up-to-date commentary and source
  of data
- The need and place for specific types of notes e.g. problem-orientated discharge, letters, concise out-patient reports
- Appreciating the importance of up-to-date, easily available, accurate information, and the need for communicating promptly e.g. with primary care

#### Prioritising, resourcing and decision taking

- How to prioritise demands, respond to patients' needs and sequence urgent tasks
- Establishing (clinical) priorities e.g. for investigations, intervention; how to set realistic goals; understanding the need to allocate sufficient time, knowing when to seek help
- Understanding the need to complete tasks, reach a conclusion, make a decision, and take action within allocated time
- · Knowing how and when to conclude

#### Handover

- Know what are the essential requirements to run an effective handover meeting
  - Sufficient and accurate patients information
  - o Adequate time
  - o Clear roles and leadership
  - Adequate IT
- Know how to prioritise patient safety
  - Identify most clinically unstable patients
  - Use ISBAR (Identify, Situation, Background, Assessment, Recommendations)
  - Proper identification of tasks and follow-ups required
  - Contingency plans in place
- Know how to focus the team on actions
  - o Tasks are prioritised
  - Plans for further care are put in place
  - Unstable patients are reviewed

# Relevance of professional bodies

 Understanding the relevance to practice of standards of care set down by recognised professional bodies – the Medical Council, Medical Colleges and their Faculties, and the additional support available from professional organisations e.g. IMO, Medical Defence Organisations and from the various specialist and learned societies

#### SKILLS

- Taking and analysing a clinical history and performing a reliable and appropriate examination, arriving at a diagnosis and a differential diagnosis
- Liaising, discussing and negotiating effectively with those undertaking the investigation
- Selecting investigations carefully and appropriately, considering (patients') needs, risks, value and cost effectiveness
- Appropriately selecting treatment and management of disease
- Discussing, planning and delivering care appropriate to patient's needs and wishes
- Preventing disease using the appropriate channels and providing appropriate health education and promotion
- Collating evidence, summarising, recognising when objective has been met
- Screening
- · Working effectively with others including
  - Effective listening
  - Ability to articulate and deliver instructions
  - Encourage questions and openness
  - Leadership skills
- Ability to prioritise
- Ability to delegate effectively
- Ability to advise on and promote lifestyle change, stopping smoking, control of alcohol intake, exercise and nutrition
- Ability to assess and explain risk, encourage positive behaviours e.g. immunisation and preventive measures
- Ability to enlist patients' involvement in solving their health problems, providing information, education
- Availing of support provided by voluntary agencies and patient support groups, as well as expert services e.g. detoxification / psychiatric services
- Valuing contributions of health education and disease prevention to health in a community
- Compiling adequate case notes, with results of examinations, investigations, procedures
  performed, sufficient to provide an accurate, detailed account of the diagnostic and
  management process and outcome, providing concise, informative progress reports (both
  written and oral)
- Maintaining legible records in line with the Guide to Professional Conduct and Ethics for Registered Medical Practitioners in Ireland
- Actively engaging with professional/representative/specialist bodies

- Consultant feedback
- Workplace based assessment e.g. Mini-CEX, DOPS, CBD
- Educational supervisor's reports on observed performance (in the workplace)
- Audit
- Medical Council Guide to Professional Conduct and Ethics

# **Dealing with & Managing Acutely III Patients in Appropriate Specialties**

**Objectives:** To be able to assess and initiate management of patients presenting as emergencies, and to appropriately communicate the diagnosis and prognosis. Trainees should be able to recognise the critically ill and immediately assess and resuscitate if necessary, formulate a differential diagnosis, treat and/or refer as appropriate, elect relevant investigations and accurately interpret reports.

**Medical Council Domains of Good Professional Practice:** Patient Safety and Quality of Patient Care, Clinical Skills.

# **KNOWLEDGE**

# Management of acutely ill patients with medical problems

- Presentation of potentially life-threatening problems
- Indications for urgent intervention, the additional information necessary to support action (e.g. results of investigations) and treatment protocols
- When to seek help, refer/transfer to another specialty
- ACLS protocols
- Ethical and legal principles relevant to resuscitation and DNAR in line with National Consent Policy
- How to manage acute medical intake, receive and refer patients appropriately, interact
  efficiently and effectively with other members of the medical team, accept/undertake
  responsibility appropriately
- Management of overdose
- How to anticipate / recognise, assess and manage life-threatening emergencies, recognise significantly abnormal physiology e.g. dysrhythmia and provide the means to correct e.g. defibrillation
- How to convey essential information quickly to relevant personnel: maintaining legible up-todate records documenting results of investigations, making lists of problems dealt with or remaining, identifying areas of uncertainty; ensuring safe handover

# Managing the deteriorating patient

- How to categorise a patients' severity of illness using Early Warning Scores (EWS) guidelines
- How to perform an early detection of patient deterioration
- How to use a structured communication tool (ISBAR)
- How to promote an early medical review, prompted by specific trigger points
- How to use a definitive escalation plan

#### Discharge planning

- Knowledge of patient pathways
- · How to distinguish between illness and disease, disability and dependency
- Understanding the potential impact of illness and impairment on activities of daily living, family relationships, status, independence, awareness of quality of life issues
- Role and skills of other members of the healthcare team, how to devise and deliver a care package
- The support available from other agencies e.g. specialist nurses, social workers, community care
- Principles of shared care with the general practitioner service
- Awareness of the pressures/dynamics within a family, the economic factors delaying discharge but recognise the limit to benefit derived from in-patient care

# SKILLS

- BLS/ACLS (or APLS for Paediatrics)
- Dealing with common medical emergencies
- Interpreting blood results, ECG/Rhythm strips, chest X-Ray, CT brain
- Giving clear instructions to both medical and hospital staff
- Ordering relevant follow up investigations
- Discharge planning
- Knowledge of HIPE (Hospital In-Patient Enquiry)
- · Multidisciplinary team working
- · Communication skills
- Delivering early, regular and on-going consultation with family members (with the patient's permission) and primary care physicians
- Remaining calm, delegating appropriately, ensuring good communication
- Attempting to meet patients'/ relatives' needs and concerns, respecting their views and right to be informed in accordance with Medical Council Guidelines
- Establishing liaison with family and community care, primary care, communicate / report to agencies involved
- Demonstrating awareness of the wide ranging effects of illness and the need to bridge the gap between hospital and home
- Categorising a patients' severity of illness
- Performing an early detection of patient deterioration
- Use of structured communication tool (e.g. ISBAR)

- ACLS course
- Record of on call experience
- Mini-CEX (acute setting)
- Case based discussions
- Consultant feedback

#### **Good Professional Practice**

**Objective:** Trainees must appreciate that medical professionalism is a core element of being a good doctor and that good medical practice is based on a relationship of trust between the profession and society, in which doctors are expected to meet the highest standards of professional practice and behaviour.

**Medical Council Domains of Good Professional Practice:** Relating to Patients, Communication and Interpersonal Skills, Professionalism, Patient Safety and Quality of Patient Care.

# **KNOWLEDGE**

#### **Effective Communication**

- How to listen to patients and colleagues
- Disclosure know the principles of open disclosure
- · Knowledge and understanding of valid consent
- Teamwork
- Continuity of care

#### **Ethics**

- Respect for autonomy and shared decision making
- How to enable patients to make their own decisions about their health care
- How to place the patient at the centre of care
- How to protect and properly use sensitive and private patient information according to Data Protection Act and how to maintain confidentiality
- The judicious sharing of information with other healthcare professionals where necessary for care following Medical Council Guidelines
- · Maintaining competence and assuring quality of medical practice
- How to work within ethical and legal guideline when providing clinical care, carrying research and dealing with end of life issues

#### Honesty, openness and transparency (mistakes and near misses)

- When and how to report a near miss or adverse event
- Knowledge of preventing and managing near misses and adverse events. Incident reporting; root cause and system analysis
- Understanding and learning from errors
- Understanding and managing clinical risk
- Managing complaints
- Following open disclosure practices
- Knowledge of national policy and National Guidelines on Open Disclosure

# Raising concerns about patient safety

- The importance of patient safety relevance in health care setting
- Standardising common processes and procedures checklists, vigilance
- The multiple factors involved in failures
- Safe healthcare systems and provision of a safe working environment
- The relationship between 'human factors' and patient safety
- Safe working practice, role of procedures and protocols in optimal practice
- How to minimise incidence and impact of adverse events
- Knowledge and understanding of Reason's Swiss cheese model
- Understanding how and why systems break down and why errors are made
- Health care errors and system failures
- human and economic costs

# SKILLS

- Effective communication with patients, families and colleagues
- Co-operation and collaboration with colleagues to achieve safe and effective quality patient care
- Being an effective team player
- Ability to learn from errors and near misses to prevent future errors
- Using relevant information from complaints, incident reports, litigation and quality improvement reports in order to control risks
- Minimising errors during invasive procedures by developing and adhering to best-practice guidelines for safe surgery
- Minimising medication errors by practicing safe prescribing principles
- Using the Open Disclosure Process Algorithm
- Managing errors and near-misses
- Managing complaints
- Ethical and legal decision making skills

- Consultant feedback at annual assessment
- Workplace based assessment e.g. Mini-CEX, DOPS, CBD
- Educational supervisor's reports on observed performance (in the workplace): prioritisation of patient safety in practice
- Patient Safety (on-line) recommended
- Leadership in Clinical Practice III
- Quality improvement methodology course recommended
- RCPI Ethics programmes (I-IV)
- Medical Council Guide to Professional Conduct and Ethics
- Reflective learning around ethical dilemmas encountered in clinical practice

#### Infection Control

**Objective:** To be able to appropriately manage infections and risk factors for infection at an institutional level, including the prevention of cross-infections and hospital acquired infection

**Medical Council Domains of Good Professional Practice:** Patient Safety and Quality of Patient Care; Management (including Self-Management).

#### **KNOWLEDGE**

#### Within a consultation

- The principles of infection control as defined by the HIQA
- How to minimise the risk of cross-infection during a patient encounter by adhering to best practice guidelines available (including the 5 Moments for Hand Hygiene guidelines)
- The principles of preventing infection in high risk groups e.g. managing antibiotic use to prevent Clostridium difficile
- Knowledge and understanding the local antibiotic prescribing policy
- · Awareness of infections of concern, e.g. MRSA, Clostridium difficile
- Best practice in isolation precautions
- When and how to notify relevant authorities in the case of infectious disease requiring notification
- In surgery or during an invasive procedure, understanding the increased risk of infection in these patients and adhering to guidelines for minimising infection in such cases
- The guidelines for needle-stick injury prevention and management

#### **During an outbreak**

- Guidelines for minimising infection in the wider community in cases of communicable diseases and how to seek expert opinion or guidance from infection control specialists where necessary
- Hospital policy/seeking guidance from occupational health professional regarding the need to stay off work/restrict duties when experiencing infections the onward transmission of which might impact on the health of others

# **SKILLS**

- Practicing aseptic techniques and hand hygiene
- Following local and national guidelines for infection control and management
- · Prescribing antibiotics according to antibiotic guidelines
- Encouraging staff, patients and relatives to observe infection control principles
- Communicating effectively with patients regarding treatment and measures recommended to prevent re-infection or spread
- Collaborating with infection control colleagues to manage more complex or uncommon types
  of infection including those requiring isolation e.g. transplant cases, immunocompromised
  host
- In the case of infectious diseases requiring disclosure:
  - Working knowledge of those infections requiring notification
  - Undertaking notification promptly
  - Collaborating with external agencies regarding reporting, investigating and management of notifiable diseases
  - Enlisting / requiring patients' involvement in solving their health problems, providing information and education
  - Utilising and valuing contributions of health education and disease prevention and infection control to health in a community

- Consultant feedback at annual assessment
- Workplace based assessment e.g. Mini-CEX, DOPS, CBD
- Educational supervisor's reports on observed performance (in the workplace): practicing
  aseptic techniques as appropriate to the case and setting, investigating and managing
  infection, prescribing antibiotics according to guidelines
- Completion of infection control induction in the workplace
- Healthcare Associated Infections (on-line) recommended

# Therapeutics and Safe Prescribing

**Objective:** To progressively develop ability to prescribe, review and monitor appropriate therapeutic interventions relevant to clinical practice in specific specialities including non-pharmacological therapies and preventative care.

**Medical Council Domains of Good Professional Practice:** Patient Safety and Quality of Patient Care.

# **KNOWLEDGE**

- Pharmacology, therapeutics of treatments prescribed, choice of routes of administration, dosing schedules, compliance strategies; the objectives, risks and complications of treatment cost-effectiveness
- Indications, contraindications, side effects, drug interaction, dosage and route of administration of commonly used drugs
- Commonly prescribed medications
- Adverse drug reactions to commonly used drugs, including complementary medicines
- Identifying common prescribing hazards
- · Identifying high risk medications
- Drugs requiring therapeutic drug monitoring and interpretation of results
- The effects of age, body size, organ dysfunction and concurrent illness or physiological state e.g. pregnancy on drug distribution and metabolism relevant to own practice
- Recognising the roles of regulatory agencies involved in drug use, monitoring and licensing e.g. IMB, and hospital formulary committees
- Procedure for monitoring, managing and reporting adverse drug reaction
- Effects of medications on patient activities including potential effects on a patient's fitness to drive
- The role of The National Medicines Information Centre (NMIC) in promoting safe and efficient use of medicine
- Differentiating drug allergy from drug side effects
- Good Clinical Practice guidelines for seeing and managing patients who are on clinical research trials

#### **SKILLS**

- Writing a prescription in line with guidelines
- Appropriately prescribing for the elderly, children and pregnant and breast feeding women
- Making appropriate dose adjustments following therapeutic drug monitoring, or physiological change (e.g. deteriorating renal function)
- Reviewing and revising patients' long term medications
- Anticipating and avoiding defined drug interactions, including complementary medicines
- Advising patients (and carers) about important interactions and adverse drug effects including effects on driving
- Providing comprehensible explanations to the patient, and carers when relevant, for the use
  of medicines
- Being open to advice and input from other health professionals on prescribing
- Participating in adverse drug event reporting
- Taking a history of drug allergy and previous side effects

- Consultant feedback
- Workplace based assessment e.g. Mini-CEX, DOPS, CBD
- Educational supervisor's reports on observed performance (in the workplace): prioritisation of patient safety in prescribing practice
- Principles of Antibiotics Use (on-line) recommended
- Guidance for health and social care providers Principles of good practice in medication reconciliation (HIQA)

# **Self-Care and Maintaining Well-Being Objective:**

- 1. To ensure that trainees understand how their personal histories and current personal lives, as well as their values, attitudes, and biases affect their care of patients so that they can use their emotional responses in patient care to their patients' benefit
- 2. To ensure that trainees care for themselves physically and emotionally, and seek opportunities for enhancing their self-awareness and personal growth

**Medical Council Domains of Good Professional Practice:** Patient Safety and Quality of Patient Care, Relating to Patients, Communication and Interpersonal Skills, Collaboration and Teamwork, Management (including self-management).

# **KNOWLEDGE**

- Self knowledge understand own psychological strengths and limitations
- Understand how own personality characteristics (such as need for approval, judgemental tendencies, needs for perfection and control) affect relationships with patients and colleagues
- Knowledge of core beliefs, ideals, and personal philosophies of life, and how these relate to own goals in medicine
- Know how family-of-origin, race, class, religion and gender issues have shaped own attitudes and abilities to discuss these issues with patients
- Understand the difference between feelings of sympathy and feelings of empathy for specific patients
- Know the factors between a doctor and patient that enhance or interfere with abilities to experience and convey empathy
- Understanding of own attitudes toward uncertainty and risk taking and own need for reassurance
- How own relationships with certain patients can reflect attitudes toward paternalism, autonomy, benevolence, non-malfeasance and justice
- Recognise own feelings (love, anger, frustration, vulnerability, intimacy, etc) in "easy" and difficult patient-doctor interactions
- Recognising the symptoms of stress and burn out

# **SKILLS**

- Exhibiting empathy and showing consideration for all patients, their impairments and attitudes irrespective of cultural and other differences
- Ability to create boundaries with patients that allow for therapeutic alliance
- Challenge authority appropriately from a firm sense of own values and integrity and respond appropriately to situations that involve abuse, unethical behaviour and coercion
- Recognise own limits and seek appropriate support and consultation
- Work collaboratively and effectively with colleagues and other members of health care teams
- Manage effectively commitments to work and personal lives, taking the time to nurture important relationship and oneself
- · Ability to recognise when falling behind and adjusting accordingly
- Demonstrating the ability to cope with changing circumstances, variable demand, being prepared to re-prioritise and ask for help
- Utilising a non-judgemental approach to patient's problem
- Recognise the warning signs of emotional ill-health in self and others and be able to ask for appropriate help
- Commitment to lifelong process of developing and fostering self-awareness, personal growth and well being
- Be open to receiving feedback from others as to how attitudes and behaviours are affecting their care of patients and their interactions with others
- Holding realistic expectations of own and of others' performance, time-conscious, punctual
- Valuing the breadth and depth of experience that can be accessed by associating with professional colleagues

- Occupational Stress course
- On-going supervision
- Ethics courses
- Leadership in Clinical Practice III

# **Communication in Clinical and Professional Setting**

**Objective:** To demonstrate the ability to communicate effectively and sensitively with patients, their relatives, carers and with professional colleagues in different situations.

**Medical Council Domains of Good Professional Practice:** Relating to Patients; Communication and Interpersonal Skills.

#### **KNOWLEDGE**

#### Within a consultation

- How to effectively listen and attend to patients
- How to structure an interview to obtain/convey information; identify concerns, expectations and priorities; promote understanding, reach conclusions; use appropriate language.
- How to empower the patient and encourage self-management

#### Difficult circumstances

- Understanding of potential areas for difficulty and awkward situations, knowing how and when
  to break bad news, how to negotiate cultural, language barriers, dealing with sensory or
  psychological and/or intellectual impairments, how to deal with challenging or aggressive
  behaviour
- How to communicate essential information where difficulties exist, how to appropriately utilise
  the assistance of interpreters, chaperones, and relatives.
- How to deal with anger, frustration in self and others
- Selecting appropriate environment; seeking assistance, making and taking time

# Dealing with professional colleagues and others

- How to communicate with doctors and other members of the healthcare team; how to provide concise, problem-orientated statement of facts and opinions (written, verbal or electronic)
- Knowledge of legal context of status of records and reports, of data protection (confidentiality), Freedom of Information (FOI) issues
- Understanding of the relevance to continuity of care and the importance of legible, accessible, records
- Knowing when urgent contact becomes necessary and the appropriate place for verbal, telephone, electronic, written communication
- Recognition of roles and skills of other health professionals
- Awareness of own abilities/limitations and when to seek help or give assistance, advice to others; when to delegate responsibility and when to refer

# Maintaining continuity of care

- Understanding the relevance to outcome of continuity of care, within and between phases of healthcare management
- The importance of completion of tasks and documentation (e.g. before handover to another team, department, specialty), of identifying outstanding issues and uncertainties
- Knowledge of the required attitudes, skills and behaviours which facilitate continuity of care such as maintaining (legible) records, being available and contactable, alerting others to avoid potential confusion or misunderstanding through communications failure

# **Giving explanations**

- The importance of possessing the facts, and of recognising uncertainty and conflicting evidence on which decisions have to be based
- How to secure, retain attention avoid distraction
- Understanding how adults receive information best, the relative value of the spoken, written, visual means of communication, use of reinforcement to assist retention
- Knowledge of risks of information overload
- Interpreting results, significance of findings, diagnosis, explaining objectives, limitations, risks
  of treatment, using communication adjusted to recipients' ability to comprehend
- Ability to achieve level of understanding necessary to gain co-operation (compliance, informed choice, acceptance of opinion, advice, recommendation)

# Responding to complaints

- Value of hearing and dealing with complaints promptly; the appropriate level, the procedures (departmental and institutional); sources of advice, assistance available
- The importance of obtaining and recording accurate and full information, seeking confirmation from multiple sources
- Knowledge of how to establish facts, identifying issues and responding quickly and appropriately to a complaint received

#### SKILLS

- Ability to elicit facts, using a mix of open and closed-ended questions appropriately
- Using "active listening" techniques such as nodding and eye contact
- Giving information clearly, avoiding jargon, confirming understanding, ability to encourage cooperation, compliance; obtaining informed consent
- Showing consideration and respect for other's culture, opinions, patient's right to be informed and make choices
- Respecting another's right to opinions and to accept or reject advice
- Valuing perspectives of others contributing to management decisions
- Conflict resolution
- Dealing with complaints
- Communicating decisions in a clear and thoughtful manner
- Presentation skills
- Maintaining (legible) records
- being available, contactable, time-conscious
- Setting (and attempting to reach) realistic objectives, identifying and prioritising outstanding problems
- Using language, literature (leaflets) diagrams, educational aids and resources appropriately
- Ability to establish facts, identify issues and respond quickly and appropriately to a complaint received
- · Accepting responsibility, involving others, and consulting appropriately
- Obtaining informed consent
- Discussing informed consent
- Giving and receiving feedback

- Mastering Communication course
- Consultant feedback at annual assessment
  - o Workplace based assessment e.g. Mini-CEX, DOPS, CBD
  - Educational supervisor's reports on observed performance (in the workplace): communication with others e.g. at handover. ward rounds, multidisciplinary team members
- Presentations
- Ethics courses
- Leadership in Clinical Practice III

# Leadership

**Objective:** To have the knowledge, skills and attitudes to act in a leadership role and work with colleagues to plan, deliver and develop services for improved patient care and service delivery.

**Medical Council Domains of Good Professional Practice:** Patient Safety and Quality of Patient Care; Communication and Interpersonal Skill; Collaboration and Teamwork; Management (including Self-Management); Scholarship.

#### **KNOWLEDGE**

#### Personal qualities of leaders

- Knowledge of what leadership is in the context of the healthcare system appropriate to training level
- The importance of good communication in teams and the role of human interactions on effectiveness and patient safety

# Working with others

- Awareness of own personal style and other styles and their impact on team performance
- The importance of good communication in teams and the role of human interactions on effectiveness and patient safety

# Managing services

- The structure and function of Irish health care system
- Awareness of the challenges of managing in healthcare
  - o Role of governance
  - Clinical directors
- Knowledge of planning and design of services
- Knowledge and understanding of the financing of the health service
  - Knowledge of how to prepare a budget
  - Defining value
  - o Managing resources
- Knowledge and understanding of the importance of human factors in service delivery
  - How to manage staff training, development and education
- Managing performance
  - How to perform staff appraisal and deal effectively with poor staff performance
  - How to rewards and incentivise staff for quality and efficiency

# **Setting direction**

- The external and internal drivers setting the context for change
- Knowledge of systems and resource management that guide service development
- How to make decisions using evidence-based medicine and performance measures
- How to evaluate the impact of change on health outcomes through ongoing service evaluation

# SKILLS

- Effective communication with patients, families and colleagues
- Co-operation and collaboration with others; patients, service users, carers colleagues within and across systems
- Being an effective team player
- Ability to manage resources and people
- Managing performance and performance indicators

#### **Demonstrating personal qualities**

- Efficiently and effectively managing one-self and one's time especially when faced with challenging situations
- Continues personal and professional development through scholarship and further training and education where appropriate
- Acting with integrity and honesty with all people at all times
- Developing networks to expand knowledge and sphere of influence
- Building and maintaining key relationships
- Adapting style to work with different people and different situations
- Contributing to the planning and design of services

- Mastering Communication course
- · Leadership in Clinical Practice III
- Consultant feedback at annual assessment
- Workplace based assessment e.g. Mini-CEX, DOPS, CBD
- Educational supervisor's reports on observed performance (in the workplace): on management and leadership skills
- Involvement in hospital committees where possible e.g. Division of Medicine, Drugs and Therapeutics, Infection Control etc.

# **Quality Improvement**

**Objective:** To demonstrate the ability to identify areas for improvement and implement basic quality improvement skills and knowledge to improve patient safety and quality in the healthcare system.

**Medical Council Domains of Good Professional Practice:** Patient Safety and Quality of Patient Care; Communication and Interpersonal Skills; Collaboration and Teamwork; Management; Relating to Patients; Professionalism

#### **KNOWLEDGE**

#### Personal qualities of leaders

 The importance of prioritising the patient and patient safety in all clinical activities and interactions

# **Managing services**

- Knowledge of systems design and the role of microsystems
- Understanding of human factors and culture on patient safety and quality

#### Improving services

- How to ensure patient safety by adopting and incorporating a patient safety culture
- How to critically evaluate where services can be improved by measuring performance, and acting to improve quality standards where possible
- How to encourage a culture of improvement and innovation

# **Setting direction**

- How to create a 'burning platform' and motivate other healthcare professionals to work together within quality improvement
- Knowledge of the wider healthcare system direction and how that may impact local organisations

# SKILLS

- Improvement approach to all problems or issues
- Engaging colleagues, patients and the wider system to identify issues and implement improvements
- Use of quality improvement methodologies, tools and techniques within every day practice
- Ensuring patient safety by adopting and incorporating a patient safety culture
- Critically evaluating where services can be improved by measuring performance, and acting to raise standards where possible
- Encouraging a culture of improvement and innovation

# **Demonstrating personal qualities**

- Encouraging contributions and involvement from others including patients, carers, members of the multidisciplinary team and the wider community
- Considering process and system design, contributing to the planning and design of services

- Leadership in Clinical Practice III
- Consultant feedback at annual assessment
- Involvement in hospital committees where possible e.g. Division of Medicine, Drugs and Therapeutics, Infection Control etc.

# **Scholarship**

**Objective**: To develop skills in personal/professional development, teaching, educational supervision and research

Medical Council Domains of Good Professional Practice: Scholarship

# **KNOWLEDGE**

#### Teaching, educational supervision and assessment

- Principles of adult learning, teaching and learning methods available and strategies
- Educational principles directing assessment methods including, formative vs. summative methods
- The value of regular appraisal / assessment in informing training process
- How to set effective educational objectives and map benefits to learner
- Design and delivery of an effective teaching event, both small and large group
- Use of appropriate technology / materials

# Research, methodology and critical evaluation

- Designing and resourcing a research project
- Research methodology, valid statistical analysis, writing and publishing papers
- Ethical considerations and obtaining ethical approval
- Reviewing literature, framing questions, designing a project capable of providing an answer
- · How to write results and conclusions, writing and/or presenting a paper
- How to present data in a clear, honest and critical fashion

# **Audit**

- Basis for developing evidence-based medicine, kinds of evidence, evaluation; methodologies
  of clinical trials
- Sources from which useful data for audit can be obtained, the methods of collection, handling data, the audit cycle
- Means of determining best practice, preparing protocols, guidelines, evaluating their performance
- The importance of re-audit

# SKILLS

- · Bed-side undergraduate and post graduate teaching
- Developing and delivering lectures
- · Carrying out research in an ethical and professional manner
- Performing an audit
- Presentation and writing skills remaining impartial and objective
- Adequate preparation, timekeeping
- Using technology / materials

- Health Research An Introduction
- Effective Teaching and Supervising Skills course recommended
- Educational Assessment Skills course recommended
- Performing audit course
- Health Research Methods for Clinicians recommended

# Management

**Objective:** To understand the organisation, regulation and structures of the health services, nationally and locally, and to be competent in the use and management of information on health and health services, to develop personal effectiveness and the skills applicable to the management of staff and activities within a healthcare team.

Medical Council Domains of Good Professional Practice: Management.

#### **KNOWLEDGE**

# Health service structure, management and organisation

- The administrative structure of the Irish Health Service, services provided in Ireland and their funding and how to engage with these for best results
- Department of Health, HSE and hospital management structures and systems
- The national regulatory bodies, health agencies and patient representative groups
- Understanding the need for business plans, annual hospital budgets, the relationship between the hospital and PCCC

# The provision and use of information in order to regulate and improve service provision

- Methods of collecting, analysing and presenting information relevant to the health of a population and the apportionment of healthcare resources
- The common ways in which data is presented, knowing of the sources which can provide information relevant to national or to local services and publications available

# Maintaining medical knowledge with a view to delivering effective clinical care

- Understanding the contribution that current, accurate knowledge can make to establishing clinical effectiveness, best practice and treatment protocols
- · Knowledge of sources providing updates, literature reviews and digests

# Delegation skills, empowerment and conflict management

- How to assess and develop personal effectiveness, improve negotiating, influencing and leadership skills
- How to manage time efficiently, deal with pressure and stress
- How to motivate others and operate within a multidisciplinary team

#### **SKILLS**

- Chairing, organising and participating in effective meetings
- Managing risks
- Managing time
- Delegating tasks effectively
- Managing conflicts
- Exploring, directing and pursuing a project, negotiating through the relevant departments at an appropriate level
- Ability to achieve results through an understanding of the organisation and its operation
- Ability to seek / locate information in order to define an issue needing attention e.g. to provide data relevant to a proposal for change, establishing a priority, obtaining resources
- Ability to make use of information, use IT, undertake searches and obtain aggregated data, to critically evaluate proposals for change e.g. innovative treatments, new technologies
- Ability to adjust to change, apply management, negotiating skills to manage change
- Appropriately using management techniques and seeking to improve these skills and personal effectiveness

- Mastering Communication course
- Performing Audit course
- Leadership in Clinical Practice III
- Annual audit
- Consultant feedback on management and leadership skills
- Involvement in hospital committees

#### **General Paediatrics**

# **KNOWLEDGE**

# The disadvantaged child

- Community problems: racism, bullying, gender issues, traffic-safe play spaces, pollution. Access to health care for marginalised groups
- Local community: demographic structure, areas of deprivation, service provision and access.
- Ethnic minority health needs
- Ability to elicit accurate information about a family's social circumstances with sensitivity.
- Awareness of potential communication problems with people of different social, ethnic and racial backgrounds – strategies to cope with these
- Appreciate the impact on the child's ability
- Develop sensitivity on assessing the impact of being disadvantaged

#### Health promotion/education

- Knowledge of local and national health promotion initiatives
- Knowledge of health promotion and education in relation to injury prevention
- Knowledge of the role of the public health service.
- Liaise with health promotion departments and other groups involved in health promotion, i.e. PHN, GPs, teachers, school nurses
- Knowledge of the national policy on health gain

#### **Immunisation**

- Local and national immunisation policy: role of the local immunisation committee
- Knowledge of infectious diseases controlled by immunisation
- Knowledge of the role of immunisation co-ordinator
- Awareness of groups who do not agree with immunisations and their reasons

#### **Behavioural Paediatrics**

- Self-harm in young people and its consequences
- Immediate and longer term reactions to stress, bereavement, loss and trauma and how to manage them as part of a clinical network
- Recognition of time-limited emotional and behavioural symptoms as response to psychological or social stress
- Origin of enuresis and encopresis in children, including those with special needs
- Indirect effects of substance misuse on mental and physical health, through experimental behaviour and lifestyle, the effects on educational, emotional and behavioural development and the impact on self-care skills
- · Possible impact of a sleep disorder on child and family
- The association of sleep disorder in developmental disorders such as ADHD, ASD, Learning Disability
- Principles of treatment of chronic fatigue syndrome/ME and the need to engage the family with a rehabilitative approach
- Impact of behaviour disorders on those with developmental difficulties, including specific phenotypes

#### Child abuse

- Knowledge of forensic medicine, especially in relation to sexual abuse
- Strategies and agencies available to help children and families cope with child abuse
- Develop sensitivity in elucidating information
- Develop understanding of the multifaceted team that may be involved
- Be aware of the importance of accurate assessments
- Knowledge of induced illness

# Child protection and children in special circumstances

- The immediate and long term impact of parental factors on outcomes for children in child protection and for children looked after, for example substance misuse, domestic violence, mental health problems, chronic physical illness, learning difficulties
- Health and lifestyle factors of carers/birth parents which may impair the current and future health and wellbeing of children, for example smoking, mental health problems, learning difficulties
- The long term implications of being looked after, for example, the consequences of separation, loss, multiple moves, risk of subsequent abuse in care, disrupted education and routine health care
- Consent and parental responsibility in relation to child protection examinations and the health needs of looked-after children and the relevance of the child's care status
- Understand the role and responsibilities of the named and designated professional for child protection and looked-after children
- Be aware of the difficulties of asylum seekers, refugees, travelling families, Forces families and young carers

# **Developmental Paediatrics**

- Diagnosis
- Parental Diagnosis
- Management

# **Neurological and Developmental disorders**

#### General

- The acute management of neurological emergencies in childhood: organising transfer to the specialist unit: safe transport
- The inter-relationship of neurological diseases with other body systems, including growth and nutrition: feeding difficulties, reflux, aspiration
- o Paediatric assessment of the child with hearing and/or vision impairment
- o The child with regression in abilities causes and investigation
- Liaison with the specialist, district clinics: when to seek specialist advice

#### Diagnostic methods

- appropriate use of neuroradiology and other screening modalities
- o significance of common patterns of abnormality on the EEG
- of the place for special investigations e.g. nerve conduction, electromyogram, muscle biopsy, MRI
- Neurometabolic investigations (in conjunction with the specialist laboratory)

# Therapy

- o Basic knowledge of aids to treatment and rehabilitation: hearing and vision aids, eating, mobility aids, orthosis, communications aids, computers etc.
- The principles of management of behaviour disorders, including counselling and psychotherapy

#### Multidisciplinary approach

- Use a team approach to management of neurological and developmental disorders, and understand its advantages and limitations
- Understand the methods used by occupational, speech and physiotherapists, nurses, specialist health visitors, play therapists, dieticians, clinical and educational psychologists, teachers and social workers in assessment, treatment and rehabilitation
- Knowledge of the methods used by other medical specialists including paediatric neurologists, ophthalmologists, ENT surgeons, community paediatrician, child and adolescent psychiatrist, neurosurgeon
- Planning handover to adult services
- Appreciate the importance of early diagnosis and family support
- Appreciate the importance of a co-ordinated multidisciplinary assessment and management plan

# **Movement problems**

- Normal variations in motor development: rollers, shufflers
- Abnormal patterns of development
- Appreciate importance of multidisciplinary approach to assessment
- · Enforce need for ongoing assessment of patient

# Speech and language

- Knowledge of:
- developmental phonological problems: deviant patterns
- developmental language delay: differentiation
- role of speech therapist in disorders of language, phonocology, articulation/feeding
- · taking a history of communication and language development
- · role of speech therapist in assessment
- importance of treatment speech plan

# **Developmental paediatrics**

- Understand the common causes and the patterns of disability
- Understanding of the tests of cognitive function
- Competence in assessing disability at different ages, in conjunction with other relevant specialists
- Acknowledge the impact on child and family inclusive of schooling

# Behavioural and psychological problems

- · Members and roles of the child and family counselling team
- Other health service resources available to families
- How to apply a child psychiatry perspective to normal, as well as abnormal illness behaviour, as encountered in all aspects of child health
- Understanding the concept of therapeutic interventions used and perspectives in child psychiatry, psychology and psychiatric social work
- Understand the use of behaviour questionnaires
- · Knowledge and understanding of drug and alcohol abuse
- Knowledge of normal and abnormal reactions to stress, bereavement, chronic illness, death
- knowledge of how to take a detailed child psychiatric history, including eliciting painful information sensitively and efficiently
- Make a mental state examination
- Use and understand non-verbal communication
- Define which are appropriate referrals to child psychiatry and psychology
- Learn to be sensitive to opportunities for therapeutic intervention during history taking
- Lean basic skills in supportive psychotherapy, behaviour therapy, family therapy
- Develop sensitivity to the impact of behaviour and psychological problems on relationships and family functioning
- Knowledge of Autism, ADHD, learning disabilities
- Knowledge of tests to determine brain death

#### **Nutrition and Metabolic Disease**

- Methodologies of energy expenditure
- Principles of dietary analyses: indications and procedures
- Understanding of measurement of body composition
- Nutrient turnover: obligatory nutrient losses
- Advise on health eating for normal children, including minority groups
- Prescribe parenteral nutrition
- Use and care of central venous catheters
- PFGs
- · Be willing to discuss impact of disease (disease burden) on family functioning

#### Metabolism

- Normal physiology and biochemistry, including changes during childhood of:
- Fluid and electrolyte balance
- · Acid base regulation
- Intermediary metabolism including glucose and metabolic response to fasting, lactate, ammonia, amino acids, organic acids, fatty acids
- Calcium metabolism

# SKILLS

- History taking
- Take a detailed history, including eliciting painful information sensitively and efficiently
- Detailed developmental and neurological assessment
- Drawing up a management plan, taking into account continuing medical problems and attendant social, educational and psychological factors
- Work as part of a clinical network in management of childhood issues
- Reassure and advise parents and professionals on management
- · Assess injuries in relation to history, developmental stage and ability of the child
- Recognise when additional expert advice is needed, for example radiology, orthopaedics, neurology, ophthalmology
- Recognise fabricated or induced illness including the significance of repeated or bizarre
  physical symptoms and be able to take appropriate action and be able to access help at an
  appropriate time
- · Multidisciplinary team working
- Co-ordination of care for the critically ill child, the initial management of neurological emergencies, the principles of safe transport
- Make a mental state examination
- Differential diagnosis

- Attend outpatient clinics
- Inpatient care

# **Emergency Medicine**

# **KNOWLEDGE**

#### **Accident prevention**

Understanding models and strategies of prevention

#### Principles of emergency care

- Recognition and management of non-accidental injury
- · Resuscitation: recognition of treat to life and limb
- Assessment and initial management of the seriously injured child
- Organisation of safe transport
- Paediatrician's role in major incident planning
- System Emergencies:
  - o Cardiovascular:
    - Resuscitation of infants and children
    - Recognition and management of shock (including septicaemia)
    - Supraventricular and ventricular tachycardias: bradycardias
  - o CNS:
    - Coma: emergency management of raised intracranial pressure
    - Seizures: management of status epilepticus
    - Meningitis
    - Pain relief
  - o Respiratory:
    - Recognition and management of acute respiratory failure
    - The choking child and upper airway obstruction
    - Inhalational injury and carbon monoxide poisoning
    - Management of severe or life-threatening asthma
- Behavioural:
  - Deliberate self-harm
  - Alcohol and other drug misuse
- Social: (see also community paediatrics)
  - Frequent attenders
  - Environmental
  - o Burns and scalds: assessment: initial management: when to transfer to the burns unit
  - Electrical injury
  - Treatment of poisoning
  - o Anaphylaxis
  - Musculoskeletal trauma including:
    - common childhood fractures
    - minor injuries
    - head injuries
    - the limping child
- APLS (will be expected from trainees in general paediatrics)
- Basic airway management
- Intra-osseous access
- Understanding of the importance of trauma as a cause of morbidity and mortality in childhood
- Awareness of the importance of early recognition and management of potentially lifethreatening illnesses to minimise morbidity and mortality

# **Accidents**

- Understanding of injury surveillance systems
- Liaise with A&E Department for:
  - Training of staff
  - o Provision of child appropriate service
  - Setting up of information systems
  - o Support for parents whose child has died suddenly
- Demonstrate an ability to liaise with General Practitioners
- Appreciate importance of Team Relationships
- Appreciate detection of sentinel events to detect NAI (non-accidental injury) and non-accidental ingestions

# **SKILLS**

- · Assessment and initial management of the seriously injured child
- Management of non-accidental injury
- Resuscitation
- · Organisation of safe transport

# **ASSESSMENT & LEARNING METHODS**

- Experience in Emergency Department
- ACLS

**APLS** 

# **Specialty Section**

#### **General Paediatrics**

# **KNOWLEDGE**

# The disadvantaged child

- Community problems: racism, bullying, gender issues, traffic-safe play spaces, pollution. Access to health care for marginalised groups
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- Assessment and initial management of the seriously injured child
- Management of non-accidental injury
- Resuscitation
- Organisation of safe transport

- Experience in Emergency Department
- ACLS
- APLS

## **Brief Introduction to Laboratory Haematology**

**Objective:** A formal period of instruction to provide an introduction to laboratory aspects of haematology.

#### **KNOWLEDGE**

## Haematology

- Introduction to the laboratory, including Health and Safety principles
- The principles and use of automated blood counters
- Set up and use of the light microscope
- Principles of staining blood films and marrow aspirate slides.
- Describe the methods for obtaining bone marrow aspirate and trephine biopsies
- Screening Techniques for Malaria

#### **Blood transfusion**

- Outline basic Blood Transfusion techniques (manual and automated)
- Understand the types of blood products
- · Relate blood transfusion laboratory practice to patient care
- Safe blood transfusion practice

#### Coagulation

- Describe the techniques for coagulation testing including automation of coagulation tests and thrombotic disorder tests
- Outline current methods for automated coagulation testing
- · Basic thrombotic disorder testing.

#### Clinical

- Presentation and management of common haematological disorders.
- The general use of blood products
- Haematology emergencies

- Interpretation of the full blood count and differential
- · Perform and interpret:-
  - Blood grouping
  - Antibody screening and Cross matching
  - Direct antiglobulin test.
  - Kleihauer test
- Interprets clinically significant antibodies
- Perform and interpret PT, INR, APPT, thrombin time, fibrinogen assay and FDPs.
- Interpret thrombotic disorder screening results.
- Applies laboratory results to patient care
- Establishment of rapport with laboratory staff.

## **ASSESSMENT & LEARNING METHOD**

Time spent in laboratory

## **General Aspects of Haematology**

## **KNOWLEDGE**

#### Effective communication

- Understand the importance of good communication, with patients and their relatives, and with colleagues, other health professionals and those involved in the provision of health care.
- Understand impact of disease on the patient and their family.
- Work as part of a multidisciplinary team.

#### Practical skills

- The purpose, place, benefits and risks of procedures employed.
- Recognise impact of procedures on the patient and their family
- Recognises the importance of obtaining informed consent in the practice of Haematology, and respects the patient's right to choice
- Principles of Safe Chemotherapy administration
- Principles of Safe Blood Components Transfusion

#### General

- Laboratory investigation of children including sampling requirements and age-related normal values
- Describe the appearance of blood films and bone marrows in neonates, infants and children
- Describe the pathophysiology, diagnosis and management of neonatal anaemia, coagulation disorders, haemorrhagic disease of the newborn and haemolytic disease of the newborn
- Identify the haematological manifestations of paediatric disease
- Describe the haematological investigation of non-accidental injury
- Understand the importance of integrated multidisciplinary care in addressing the medical and psychosocial needs ot both children and the family unit
- Understand the shared care model for the delivery of tertiary care in a National Centre

### Malignancy

• Knowledge of the aetiology, classification and prognosis of childhood leukaemia, myeloproliferative diseases and myelodysplastic syndromes

### Non-malignant

- Describe the pathophysiology, diagnosis and management of childhood Haemoglobinopathies
- Pre-op and population screening, emergency treatment and principles of long term management strategies
- Congenital and Acquired thrombocytopenias
- Congenital and Acquired haemostatic defects
- Congenital and Acquired thrombotic states
- Leukocyte disorders
- Immune deficiency syndromes
- Inherited and Acquired Bone Marrow Failure syndromes

#### SKILLS

- Elicit an accurate history.
- Be able to communicate the diagnosis clearly
- Be able to explain treatment required and its side effects of patients and their relatives.

Case based discussion

## **Laboratory Haematology**

**Objective**: To be competent in the interpretation of samples presented for examination and in the management of the Haematology laboratory

## **KNOWLEDGE**

#### Peripheral blood films

• Interpretation of peripheral blood films including those flagged abnormal by the Medical Scientist or automated counter.

## Special Investigations

- Understand the basis of specialised investigations in the diagnosis and prognosis of haematological disease including:
  - o Hb and protein electropheresis
  - High Performance Liquid Chromatography
  - Immunophenotyping
  - Immunocytochemistry
  - Cytogenetics
  - PCR and molecular haematology
  - Specific investigation of haemolytic anaemia e.g. PK assay, G6PD, EMA
- Maintain up to date awareness on novel uses of familiar techniques or the introduction of new methods to analyse haematological disease

## Bone marrow aspiration and trephine biopsy

- Indications for and technique of performing bone marrow aspirate and trephine biopsies.
- Use of stains, immunophenotyping and other investigations to aid diagnosis

#### Cerebro-spinal fluid

- Knowledge of requirement for CSF examination for various malignancies
- Interpretation of CSF cytology

### Laboratory Management

- Principles of laboratory management; risk management and laboratory audit
- Laboratory Accreditation including ISO 15189 as applied to Blood Transfusion
- Awareness of:
  - Internal and External Quality control systems including NEQAS schemes
  - o Commercially available laboratory computer systems
  - o Tendering processes
  - Staff performance management and appraisals
  - Near patient testing guidelines

- Applies knowledge of histological classification to patient management.
- Appropriate ordering of investigations
- Consent and treat patient with respect
- · Perform technique competently including analysis
- Interpret results
- Relate laboratory results to patient care
- Perform lumbar puncture competently and obtain CSF for cytospin and other special tests

## ASSESSMENT & LEARNING METHODS – Laboratory Haematology

- DOPS:
  - o Lumbar puncture
- Participate in internal and external QA reporting and review
- Evidence of participating in relevant management committees e.g. Transfusion Committee and other Lab Management Committees
- Participate in Laboratory Accreditation

#### **Red Cell Disorders**

1.Objective: Competence in the diagnosis and management of patients with anaemia

### **KNOWLEDGE**

- Demonstrate a comprehensive working knowledge the aetiology and pathophysiology of anaemia including the following;
  - Production Disorders
    - Nutritional deficiencies
    - Anaemia of chronic disease
    - Red cell aplasia and hypoplasia
    - Sideroblastic anaemias
  - Haemolytic Anaemias
    - Autoimmune haemolytic anaemias
    - Metabolic enzyme deficiency haemolytic anaemias
    - RBC membrane disorders (spherocytosis, elliptocytosis etc.)
    - Microangiopathic haemolytic anaemias (MAHA)
    - Non-immune acquired haemolytic anaemias
- Demonstrate a comprehensive working knowledge of the physiology of iron, vitamin B12 and folate utilization, storage and transport.
- Demonstrate an understanding of the direct toxicity to the bone marrow by infectious disease, toxins and metabolic insults
- Demonstration an understanding of gender and age related effects on red cell production
- Explain the appropriate haematological, biochemical, molecular and radiological techniques required for the investigation of anaemia.
- Demonstration of the appropriate use of a bone marrow examination including an iron stain in the diagnosis should be discussed
- Identification of underlying causes of anaemia

## **SKILLS**

- Select and interprets the investigations correctly to identify the causes of the anaemia
- Order subsequent invasive or radiological procedures appropriately
- On the basis of history, examination and laboratory results, formulates an appropriate management and treatment plan including an appropriate replacement therapy for nutritional deficiency anaemia
- Explain the appropriate use of transfusion in patients with anaemia, specifically in immune mediated anaemia
- Demonstrate an understanding of the role and use of immunologic modifier therapy and stem cell transplant in red cell aplasia and hypoplasia.
- Communicate the investigations and diagnosis to the patient and their carers and where necessary construct a long-term treatment plan, in consultation with others as necessary

- Case Based Discussion: Investigation of anaemia in OPD and as a inpatient consult
- Mini-CEX: Assessment of a patient with a haemolytic disorder

2. Objective: Competence in the diagnosis and management of patients with haemoglobinopathies

#### **KNOWLEDGE**

- Comprehensive knowledge of the genetics and prenatal diagnosis of sickle cell disease and thalassaemia syndromes
- Describe the epidemiology, presentation and natural history of sickle cell disease, thalassaemia syndromes and other haemoglobin abnormalities. A trainee should be able to distinguish between the different types of thalassaemia (i.e. α, β, major and minor etc.) and have a working knowledge of the variant sickle cell syndromes (e.g. S/Thalassaemia, SC disease etc.)
- Understand the pathophysiology, diagnosis and management of the broad range of other structural and biochemical haemoglobinopathies (e.g. haemoglobin E, high and low oxygen affinity haemoglobin, unstable haemoglobin and methemoglobins)
- Describe the techniques for the diagnosis of haemoglobin disorders
- Describe the diagnosis and management of clinical sequelae of sickle cell disease including the acute chest syndrome, painful crisis, stroke and demonstrate an awareness of specific management issues during pregnancy
- Explain appropriate use of transfusion in sickle cell and thalassaemia syndromes
- Describes the complications, assessment and treatment of transfusional iron overload
- Describe the long term complications of haemoglobin disorders( including orthopaedic, ophthalmic, renal, pulmonary, endocrine and fertility issues) and their management in particular the need for comprehensive multidisciplinary care
- Understand the use of disease modifying agents and stem cell transplant in haemoglobin disorders

#### **SKILLS**

- Understands the interacting abnormalities and demonstrates competence in genetic counselling
- · Counsels patients appropriately on the benefits and risks of screening
- Competent in out-of-hours management of the acutely unwell patient with sickle cell disease. Particular emphasis should be placed on the life threatening aspects such as acute chest syndrome, haemolytic and aplastic crises, risk of infections and strokes.
- Demonstrates competence in taking a history and examination of the patient
- Uses appropriate laboratory and radiological investigation to establish a diagnosis
- Correctly interprets electrophoresis and HPLA traces and appropriately refers for molecular testing
- Applies the laboratory results to establish a diagnosis and formulates a management plan of acute complications.
- Demonstrates a practical competency for acute and chronic pain management in patients with sickle cell disease.
- Appropriately uses transfusion and manages iron overload
- Uses and interprets appropriate screening methods for chronic organ damage
- Advises patients appropriately about the use and side effects of disease modifying drugs and stem cell transplant where necessary
- Exhibits an understanding of the impact of haemoglobin disorders on the patient and their family.
- Works as part of a multidisciplinary team and recognises the need to refer to other colleagues
- Exhibits an understanding of the impact of physical and psychosocial factors on the patient and demonstrate an awareness and consideration of the impact of cultural issues.

- Case Based Discussion: Investigation of a new patient with a haemoglobin disorder and discussion regarding acute management of a sickle cell crisis.
- Mini-CEX: Assessment of a patient with a haemoglobin disorder

## **Bone Marrow Failure Syndromes**

Objective: Competence in the diagnosis and management of bone marrow failure

## **KNOWLEDGE**

- Aetiology, natural history and classification of pancytopenia
- Use of blood product support and knowledge of the complications of long-term transfusion.
- Indications for use of chemotherapy, immunosuppression and haemopoietic progenitor cell transplant in the management of marrow failure syndromes.

#### **SKILLS**

- Use of clinical and laboratory methods including specified tests to reach a diagnosis and formulate a management plan.
- Appropriate use of blood transfusion and iron chelation regimens.
- Initiate appropriate therapy.
- Assess suitability for stem cell transplant
- Be able to give a clear explanation of disorder and its long-term management to patient and family.

## **ASSESSMENT & LEARNING METHODS**

Study day

#### **Haemostasis**

**Objective**: To be competent to diagnose and manage patients with congenital coagulation and thrombotic disorders . To safely manage patients requiring anticoagulation and manage patients with acquired bleeding disorders. To be competent in the diagnosis and management of patients with congenital and acquired platelet disorders

#### **KNOWLEDGE**

### Congenital Disorders of Coagulation

- Coagulation factors and current views on the coagulation pathway.
- Natural history, presentation and complications of congenital coagulation disorders including Haemophilia and Von Willebrand's Disease.
- Knowledge of diagnostic methods used in assessment of coagulation disorders including specific factor assays and diagnosis of inhibitors
- Use of molecular biological techniques to identify genetic disorders.
- Types of coagulation factor concentrates including their safety profile.

#### Thrombotic Disorders

- Coagulation inhibitors and the fibrinolytic pathway including epidemiology and molecular basis of thrombotic disorders.
- Knowledge of natural history, presentation and complications of thrombotic disorders.
- Techniques for the measurement of Protein C, Protein S, ATIII, APCR and Lupus Anticoagulant. Methods for the detection of Factor V Leiden.
- Effect of pregnancy and oral contraceptive pill and hormone replacement therapy in thrombotic disorders.

### Anticoagulation

- Mechanism of action and indications for the use of anticoagulants.
- Knowledge of side effects of anticoagulants including heparin induced thrombocytopenia

#### Acquired Bleeding Disorders

- Knowledge of the mechanism of bleeding disorders in relation to:
  - o DIC
  - Renal and hepatic disease
  - Acquired coagulation factor inhibitors
  - Massive transfusion
  - Obstetric complications
- Knowledge of available pharmaceutical and blood products available for the management of excessive bleeding, including their indications and side effects.

#### **Platelet Disorders**

- Knowledge of platelet structure and function.
- Platelet and vessel wall interaction.
- Diagnosis and Management of Congenital and Acquired qualitative platelet disorders
- The measurement of platelet numbers by automated counters.
- Knowledge of the use and limitations of specialised platelet function tests.
- Mechanism of action of antiplatelet agents.

- Be competent in taking history and conducting examination of patient.
- Use of appropriate clinical and laboratory methods to reach a diagnosis.
- Interpret results of laboratory assays.
- Formulate an appropriate management plan
- · Advise on role of genetic techniques in prenatal and family testing.
- Offer appropriate advice on prophylaxis and treatment of congenial coagulation disorders including developing a delivery plan
- Relate theoretical knowledge to patient management.
- Recognise the impact of these conditions on the patient and family.
- Act with empathy in managing coagulation disorders and its complications.
- Competent to advise on treatment and prophylaxis of thrombophilic conditions.
- Liaise closely with obstetric and other clinical teams.
- Able to initiate and control heparin and oral anticoagulants.
- Advise on the indications for prophylactic and therapeutic anticoagulation.
- Offer advice on the management of over-anticoagulation and reversal of anticoagulation
- Advise on perioperative anticoagulation strategies
- Recognise and advise on heparin induced thrombocytopenia.
- Work as part of multi-professional team
- Liaise closely with other clinical teams.
- Advise on appropriate use of blood products including coagulation factors.
- Advise on the management of massive haemorrhage
- Advise on appropriate use of blood products including platelet transfusion and alternative agents
- Management of patients with bleeding on antiplatelet agents

- Case Based Discussion: Management of anticoagulation
- Mini-CEX: Genetic counseling on congenital bleeding disorder

#### **Blood Transfusion**

**Objective**: Acquire sufficient knowledge of blood transfusion practice to be capable of providing advice to clinical colleagues

#### **KNOWLEDGE**

Principles of blood transfusion laboratory practice

- Blood grouping and cross-matching techniques for patients and donors
- Identification of red cell allo and auto antibodies, and understand their significance
- Identification, significance and management of HLA, HPA and neutrophil antibodies
- Automation in blood transfusion
- Use of computers in blood transfusion, including uses for quality, safety and traceability.

Basic principles of donor selection and the preparation of blood components

- Donor selection and safety and donation complications
- Red cell serological and microbiological testing of blood donors
- Preparation of blood components, including evaluation of new components
- Principles of GMP and quality assurance procedures in blood donation procurement
- Risk reduction methods for transfusion transmitted infection
- Role of quality systems at a blood service and the hospitals: regulations, accreditation, NEQAS, hemovigilance and the role of consultant hematologist

#### Principles of clinical blood transfusion practice

- Prevention and management of hazards of blood transfusion
- Investigating a transfusion clinical incident
- Reporting and analysis of haemovigilance data from SHOT, SABRE & NHO reports
- Principles and practice of therapeutic apheresis
- Transfusion of specialist blood components, and in ABO incompatible transplants
- Prevention, diagnosis and management of haemoloytic disease of the fetus and newborn.
- Appropriate use of blood and blood components with reference to national and international blood transfusion guidelines
- Techniques to reduce homologous blood transfusion exposure
- The structure and role of the Hospital Transfusion Committee
- Transfusion Legislation

#### Theoretical knowledge of specialised laboratory techniques

- Extended red cell antibody investigations and compatibility testing for complex antibodies and in autoimmune haemolytic anaemia
- HLA typing and antibody screening
- Investigations in alloimmune platelet disorders
- Antibody titration and anti-D quantification techniques

#### SKILLS

- Interprets blood transfusion results competently
- Advises on the appropriate use of blood products including special requirements
- Understands when to report adverse events and reactions to the NHO
- Manage complications of blood transfusion appropriately.
- Assess patients requiring therapeutic apheresis procedures.
- Advise on patients with auto- or allo-antibodies
- Understands massive transfusion and transfusion in trauma

- Case based Discussion
- Online Transfusion Course

## **Consultative Haematology**

**Objective**: To be competent to advise on Haematological problems arising in other medical and surgical patients.

## **KNOWLEDGE**

- Gain an understanding of the haematological aspects of other specialties including:
  - Massive transfusion.
  - Care of ICU patients
  - Neonatal Haematology
  - Pre op assessments
  - o Thrombosis
  - Surgery haemostasis and management of perioperative anticoagulation
  - Unexplained cytopenia in medical patients

## **SKILLS**

- Be able to interpret laboratory results in these clinical situations and provide appropriate and timely advice
- Communicate clearly with colleagues in other specialties.

#### **ASSESSMENT & LEARNING METHODS**

Case-based Discussion

# **Minimum Requirements for Training**

- These are minimum **tracking** requirements. This generally means that in practice, trainees will perform above the stated requirements; however, for record tracking purpose, the following figures have been allocated.
- Where the minimum requirement state "1", there is no allocated minimum eLogbook will automatically default to "1"

Curriculum Requirement	Required/Desirable	Minimum Requirement	Reporting Period	Form Name
Section 1 - Training Plan				
Personal Goals Plan	Required	1	Training Post	Form 052
Personal Goals Review	Desirable	1	Training Post	Form 137
Weekly Timetable (Sample Weekly Timetable for Post/Clinical Attachment)	Required	1	Training Post	Form 045
On Call Rota	Required	1	Training Post	Form 064
Section 2 - Training Activities				
Outpatient Clinics				Form 001
General	Required	10	Year of Training	Form 001
Day Ward – Planned and Acute	Required	10	Year of Training	Form 001
Hemophilia Clinics	Required	10	Training Programme	Form 001
Haemostasis and Thrombosis	Required	30	Training Programme	Form 001
Haemoglobinopathy	Required	10	Training Programme	Form 001
Haematology/neutropenia/bmf	Required	10	Training Programme	Form 001
Ward Rounds/Consultations	•			
Ward Rounds	Required	50	Year of Training	Form 002
Consultations	Required	10	Year of Training	Form 002
Emergencies/Complicated Cases	Desirable	1	Training Programme	Form 003
Procedures/Practical Skills/Surgical Skills				Form 004
Bone marrow aspirate and biopsy	Required	10	Training Programme	Form 004

Curriculum Requirement	Required/Desirable	Minimum Requirement	Reporting Period	Form Name
Lumbar puncture/Intrathecal chemotherapy	required/Desirable	Requirement	Training	Hame
Zambai panotaro, matariotar onomotrotapy	Required	10	Programme	Form 004
Bone marrow harvest	·		Training	
	Desirable	1	Programme	Form 004
Pheresis (observe)			Training	
	Required	2	Programme	Form 004
Additional 10 margin 1 Francisco and Additional	Burlinkli	_	Training	F 005
Additional/Special Experience Gained	Desirable	1	Programme	Form 005
Relatively Unusual Cases	Desirable	1	Training Programme	Form 019
Lab Experience	Desirable	ı	Fiogramme	1 01111 0 19
Introduction to laboratory haematology (min 2 weeks)			Training	
introduction to laboratory fractilatology (min 2 weeks)	Required	1	Programme	Form 018
Haemoglobinopathy Investigation		•	Training	1 01111 0 10
The state of the s	Required	1	Programme	Form 018
	•		Training	
Chronic Cases/Long term care	Desirable	1	Programme	Form 066
			Training	
ICU/CCU (consultation only)	Desirable	1	Programme	Form 090
Section 3 - Educational Activities				
Mandatory Courses				
_ ,		_	Training	
Transfusion online	Required	1	Programme	Form 006
Child Protection course	Doguirod	4	Training	Form 006
Child Protection course	Required	1	programme Training	F01111 006
APLS	Required	1	Programme	Form 006
Al LO	required	ı	Training	1 01111 000
Non – Mandatory Courses	Desirable	1	Programme	Form 007
In-house activities			3	Form 011
Grand Rounds	Required	1	Year of Training	Form 011
Radiology Conference	Required	1	Year of Training	Form 011
Journal Club	Required	1	Year of Training	Form 011
MDT Meetings	Required	1	Year of Training	Form 011
Examinations	Desirable	1	Training	Form 012

Curriculum Requirement	Required/Desirable	Minimum Requirement	Reporting Period	Form Name
			Programme	
Formal Teaching Activity				
Lecture	Desirable	1	Training Programme	Form 013
Lecture	Desirable	I	Training	FUIII 013
Tutorial		1	Programme	Form 013
	Desirable		Training	
Bedside Teaching		1	Programme	Form 013
Study Days	Required	1	Year of Training	Form 008
Research	Desirable	1	Year of Training	Form 014
Audit activities and Reporting (1 per year either to start or complete, Quality Improvement (QI)				
projects can be uploaded against audit)	Required	1	Year of Training	F135/F152
Clinical Audit Report Form	Required	1	Year of Training	Form 135
Publications	Desirable	1	Year of Training	Form 016
Presentations	Desirable	1	Year of Training	Form 017
Section 4 - Assessments				
DOPS				Form 021
Lumbar puncture	Required	1	Training Programme	Form 021
CBD	Desirable	1	Year of Training	Form 020
Mini-CEX	Desirable	1	Year of Training	Form 023
Quarterly Assessments	Required	4	Year of Training	Form 092
End-of-Post/End-of-Year Assessment	Required	1	Year of Training	Form 092